



LUNCH MENU

SALADS

| | |
|--|--------------|
| Beach Bar Tuna | 12.50 |
| Lettuce, red onion, cherry tomato, beetroot, egg, new potato, mustard vinaigrette | |
| Burrata | 15.00 |
| green leaf salad, tomato & sweet chilli sauce | |
| Chicken Caesar 12.50 Prawn Caesar 16.50 | |
| bacon, mixed leaves, croutons, parmesan shavings, caesar dressing | |
| ** Marinated Salmon Poke Salad | 14.50 |
| rice, avocado, cucumber & edamame beans | |
| Beach Bar | 15.00 |
| Prawns, chicken, bacon, burrata, pineapple & egg, mixed leaves, cucumber, tomato & cocktail sauce | |
| ** Tuna Tataki | 16.50 |
| white miso ginger dressing | |
| ** Brie & Pear Salad | 13.50 |
| Brie, caramelized walnuts, mixed leaves, beetroot & cherry tomato | |

WRAPS

All served with fries

| | |
|--|--------------|
| Tuna Mayo | 13.50 |
| Lettuce, tomato | |
| Chicken, Bacon & Avocado | 11.50 |
| Mayonnaise & lettuce | |
| Chicken Caesar | 12.50 |
| Chicken, bacon, lettuce, parmesan shavings & Caesar dressing | |
| Chicken Fajita | 10.50 |
| (served warm) marinated chicken & Peppers | |
| Vegetarian | 10.50 |
| Mixed Peppers, avocado, spicy tomato chutney, mixed leaf | |
| Hoisin Duck | 12.50 |
| spring onions, cucumber | |
| Salt & Pepper Shredded Crispy Chicken | 11.50 |
| Iceberg lettuce, lemon mayo | |

CIABATAS

All served with Fries

| | |
|---|--------------|
| Ham & Cheese | 8.50 |
| Lettuce & tomato | |
| Chicken, Bacon & Avocado | 10.00 |
| Mayo & lettuce | |
| Tuna Mayo | 9.50 |
| Lettuce & tomato | |





THE ORIGINAL - SINCE 1985 - VALE DO LOBO

MAINS

| | | |
|---|-------|--------|
| ** Beach Beef Burger | | 16.50 |
| Cheese, bacon, caramelised onion & fries | | |
| ** House Chicken Burger | | 14.00 |
| Bacon, caramelised onion, garlic mayo & fries | | |
| Club Sandwich | | 14.50 |
| Chicken, bacon, cheese, egg, lettuce, tomato, mayonnaise & fries | | |
| ** Crispy Panko Prawns  | | 19.50 |
| African Rice & mango sauce | | |
| Grilled Chicken | | 13.50 |
| (piri piri or plain) & fries | | |
| ** Reggae Reggae Chicken  | | 16.00 |
| mixed peppers & african rice | | |
| ** Reggae Reggae Prawns  | | 17.50 |
| mixed peppers & african rice | | |
| Chicken Wings (6 units)  | | 12.00 |
| BBQ sauce & fries | | |
| Fillet of Beef Tataki | | 14.50 |
| fillet of beef, edamame beans, miso dressing, wasabi peas & soya sprouts | | |
| House Bitoque Steak | | 14.50 |
| Fried egg, basmati rice & fries | | |
| Prawns À Guilho | | 14.00 |
| Olive oil, garlic & coriander | | |
| Clams «Bulhão Pato» | | 16.50 |
| Garlic, white wine & coriander sauce | | |
| Lime & Ginger Coconut Mussels | | 13.50 |
| Special Prawns (2 units size 10/15) | | 19.50 |
| Tiger prawns in olive oil, butter, garlic, ginger, coriander, orange & lime | | |
| ** Grilled Fillet of Salmon | | 22.50 |
| african rice | | |
| ** Grilled Squid | | 22.50 |
| African Rice | | |
| ** Prawn & Monkfish Kebab | | 25.00 |
| Peppers, onion & african Rice | | |
| Calamari | | 15.00 |
| Fries & tartar sauce | | |
| Prawns Carabineiro | | 135/Kg |
| Grilled Tiger Prawns | | 110/Kg |
| Thermidor style | | |

SIDE ORDERS

| | | |
|---------------------------|-------------------------|--|
| Sweet Potato Fries | Fries | ** African Rice  |
| 4.50 | 4.00 | 5.00 |
| Mixed Salad | Green Leaf Salad | Tomato & Onion Salad |
| 5.00 | 5.00 | 4.00 |

VAT included at current rate, service not included.

**Some of our dishes may contain nuts.

Unfortunately we do not accept American Express.

No dish, food product or drink including cover may be charged if not requested by customer's, even if it has been consumed.

30/06/21

In association with

