



LUNCH MENU

SALADS

House Tuna	€13.50
Lettuce, red onion, cherry tomato, beetroot, egg, new potato & mustard vinaigrette	
Burrata	€16.00
Basil tomato & sweet chilli sauce	
Chicken Caesar	€13.50
Bacon, mixed salad leaves, croutons, parmesan shavings & caesar dressing	
Prawn Caesar	€17.50
Bacon, mixed salad leaves, croutons, parmesan shavings & caesar dressing	
Marinated Salmon Poke Salad	€16.00
Sushi rice, avocado, cucumber & edamame beans	
Beach Bar	€16.00
Prawns, chicken, bacon, burrata, pineapple, egg, mixed leaves, cucumber, tomato & cocktail sauce	
Tuna Tataki	€18.00
Julianne vegetables, avocado, wasabi peas & white miso ginger dressing	

WRAPS All Served with fries

Tuna Mayo	€14.50
Lettuce & tomato	
Chicken, Bacon & Avocado	€13.00
Mayonnaise & lettuce	
Chicken Caesar	€13.50
Chicken, bacon, lettuce, parmesan shavings & caesar dressing	
Chicken Fajita	€13.00
(Served warm) Marinated chicken & peppers	
Vegetarian	€12.50
Mixed Peppers, avocado, spicy tomato chutney & mixed leaf	
Hoisin Duck	€14.00
Spring onions & cucumber	
Salt & Pepper Shredded Crispy Chicken	€13.50
Iceberg lettuce, lemon mayo	

CIABATAS All Served with fries

Ham & Cheese	€9.50
Lettuce & Tomato	
Chicken, Bacon & Avocado	€11.00
Mayo & Letuce	
Tuna Mayo	€10.50
Lettuce & Tomato	

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@beachbar_vdl

MAINS

** Beach Beef Burger	€17.50
Sesame bun, lettuce, cheese, bacon, caramelised onion & fries		
** House Chicken Burger	€15.50
Sesame bun, bacon, caramelised onion, garlic mayo, lettuce, tomato & fries		
** BBQ Pulled Pork Burger	€14.50
Served with fries		
 Digger's Dogs	€11.00
Large hot dog loaded with crispy onion rings & fries		
Club Sandwich	€16.00
Chicken, bacon, cheese, egg, lettuce, tomato, mayonnaise & fries		
** Crispy Panko Prawns 	€21.50
Mango sauce		
Grilled Chicken	€14.50
(Piri Piri or Plain) & fries. Up to 30 minutes wait		
 ** Reggae Reggae	
Mixed peppers & african rice		
Chicken  €17.50	Prawns 
..... €19.50		
Chicken Wings 	€13.00
BBQ sauce & fries		
Parma Ham & Melon	€12.50
Fillet of Beef Tataki	€17.50
Fillet of beef, edamame beans, miso dressing, wasabi peas & soya sprouts		
House Bitoque Steak	€17.50
Fried egg, basmati rice & fries		
Prawns À Guilho	€15.50
Olive oil, garlic & coriander		
Clams «Bulhão Pato»	€20.50
Garlic, white wine & coriander sauce		
Lime & Ginger Coconut Mussels	€15.50
Special Prawns (2 units size 10/15)	€21.00
Tiger prawns in olive oil, butter, garlic, ginger, coriander, chilli, orange & lime zest with african rice		
** Grilled Fillet of Salmon	€22.50
African rice		
Grilled Squid	€23.50
African Rice		
** Calamari	€15.50
Tartar sauce		
Prawns Carabineiro À Guilho	€135/Kg
Grilled Tiger Prawns	€120/Kg
Thermidor style		
Smoked Salmon	€16.50
Avocado, prawns & cocktail sauce		

SIDES

Sweet Potato Fries	€5.00	Tomato & Onion Salad	€5.50
Fries	€4.50	Green Leaf Salad	€5.50
** African Rice 	€5.50	Mixed Salad	€5.50

